



# The Grange Primary School and Nursery NEWSLETTER

[www.thegrangepriamaryandnursery.com](http://www.thegrangepriamaryandnursery.com)

No. 23 Spring Term 2026

Friday 6<sup>th</sup> March 2026

## World Book Day - Friday 6<sup>th</sup> March 2026

Well done to all the children and staff for turning up today in such brilliant costumes and wonderfully snuggly pyjamas – the school was bursting with colour, characters, and plenty of giggles. The children threw themselves into our Bedtime Stories fun, enjoying activities throughout the day, including the ever-popular *The Day the Banana Went Bad*, which caused lots of laughter and lively chatter.

## Celebrating Kindness

Millie Searle in Class 4 has once again shown exceptional generosity and thoughtfulness. This week, Millie had her hair cut and donated it to the Little Princess Trust, helping to create real-hair wigs for children and young people who have lost their hair through cancer treatment or other conditions.

This is the second time Millie has made such a heartfelt donation, and her kindness has been truly inspiring to everyone in school. Her compassion and willingness to help others make her a wonderful role model for our school community. Well done Millie!

## Attendance Highlights

This week's Inclusive Attendance Award goes to Darla Birkenhead in Class 5, recognising her excellent attendance and punctuality. Darla has shown real commitment, and we are delighted to celebrate her efforts.

The Overall Class Attendance Award also goes to Class 5, who achieved the highest attendance across the school. A fantastic achievement and a credit to the whole class.

*You can't teach an empty chair – every day in school truly counts.*

## After-School Clubs

The following after school club started on Monday 23<sup>rd</sup> February 2026 and the last session will be on Monday 23<sup>rd</sup> March 2026:

**Monday - Playcourt Football - Years Three, Four, Five and Six**

The following after-school clubs started on Tuesday 3<sup>rd</sup> and Thursday 5<sup>th</sup> March 2026 and the last sessions will be on Tuesday 17<sup>th</sup> and Thursday 19<sup>th</sup> March 2026:

**Tuesday - Card and Table Top Games - Years Two and Three**

**Tuesday - Games and P.E club - Class One**

**Thursday - Playdough - Year Two**

**Thursday - Hammer Beads - Years Five and Six**

*Please note there are no further Choir sessions.*

### Year 5 Residential to CHET - Update

Due to an administrative error at Crosby Hall, pupils will now depart school at **3:30 p.m. on Wednesday 11th March 2026**, rather than in the morning as originally planned.

To keep the excitement alive throughout the day, the children will take part in a variety of Viking-themed activities in school, giving them a fun and engaging start to their residential experience. Parents are warmly invited to come along and wave the children off as the coach departs at 3:30 p.m.

### Community Garden Working Party Saturday 14<sup>th</sup> March 2026

The first Community Garden working party of the year will burst into action at **12:30 p.m. - 2.30 p.m. on Saturday 14<sup>th</sup> March 2026**. We can't wait to welcome back our brilliant parents, grandparents, children and friends of the Garden – and we'd love to see some new faces joining the fun too!

For anyone who hasn't discovered it yet, the Community Garden is a peaceful little haven on our school grounds, lovingly cared for thanks to the brilliant dedication of Mrs. Doyle and the wonderful volunteers who help keep it looking beautiful. If you'd like to know more or get involved, please pop in and see Mrs. Doyle in Class 1.

**PLEASE BRING ANY TOOLS THAT YOU MAY HAVE FOR CUTTING BACK PLANTS ETC. e.g. secateurs**

### Free Legal Advice Drop-In Service

I am very grateful to MSB Solicitors for their continued generosity in offering free legal advice to Grange families. Details of how to make an appointment to meet with MSB legal advisors can be found at the school office. Following another successful drop-in session this week, I am pleased to announce that a further session is planned in the spring time. The next drop-in in school will be on **Wednesday 18<sup>th</sup> March 2026 from 9.00 a.m. - 12.00 noon.**

### Comic Relief / Red Nose Day Friday 20<sup>th</sup> March 2026

We're gearing up for a brilliant Red Nose Day on Friday 20<sup>th</sup> March 2026, and we can't wait to see the school bursting with colour and fun! It's a non-uniform day, so children are welcome to come dressed in their favourite Red Nose Day outfits and accessories or their own clothes – the sillier and brighter, the better!

To support this fantastic cause, we ask that each child brings a donation of £1 on the day. Let's make it a fun-filled Friday while raising money for a great charity.

### Parents' Open Afternoon - Wednesday 25<sup>th</sup> March 2026

Parents' Open Afternoon will take place on Wednesday 25<sup>th</sup> March 2026. **Appointment letters will be sent out in due course.**

As always on Parents' Open Afternoon:

\*Appointments will start from 1 p.m. and allocated up to 6 p.m.

\*If your appointment is before 3.15 p.m. you may take your child/children home when it has finished - most children will be in the hall watching a film.

\*If your appointment is after the end of the school day and you have no childcare, you may bring your children who will be supervised in the hall during your appointment.

\*If you require a separate appointment to your child's other parent, please make the school office aware of this. We will be happy to arrange an additional appointment.

\*If you are unable to keep your appointment, please make us aware of this as soon as possible - we will arrange a new appointment at a mutually convenient time.

### Would you like your child to attend our Nursery?

Parents/carers of children who have their third birthday before Tuesday 31<sup>st</sup> March 2026 may now apply for a Nursery place - there are limited places available! Application forms are available from the main school office.

### Year Six Achievement School

The dates for the revision sessions were sent home with children this week. These additional lessons are designed to support and extend their learning in preparation for the Key Stage Two Tests, which will take place from Monday 11<sup>th</sup> - Thursday 14<sup>th</sup> May 2026. Please return the consent slip to class as soon as possible so the teaching team can plan ahead for those who will be attending. Dates and times for the additional sessions are:

**Monday 30<sup>th</sup> March 2026 - 9.00 a.m. - 12.00 noon**

**Tuesday 31<sup>st</sup> March 2026 - 9.00 a.m. - 12.00 noon**

**Saturday 25<sup>th</sup> April 2026 - 9.00 a.m. - 12.00 noon**

**Saturday 2<sup>nd</sup> May 2026 - 9.00 a.m. - 12.00 noon**

### Children's University Passports

Children's University passports are available to purchase from the School Office at a cost of £4.00. Passports can be used to record all CU Learning Activities that your child takes part in outside of school, at weekends and in holiday periods. To find out where you can use your Passport To Learning please visit [www.childrensuniversity.co.uk](http://www.childrensuniversity.co.uk) and click on the 'Children's University in your area' tab to get started.

### New start time for Phonics

Phonics sessions start every day promptly at **9:00 a.m.** To ensure children do not miss this essential part of their learning, it is important that all children arrive at school on time and are ready to start their day.

### The Incredible Years® Programme

The Incredible Years® is a trusted, evidence-based parenting programme that helps families build positive relationships and support children's behaviour, social skills, and emotional development. It is widely used across the UK in Early Help Services, Schools, and Children's Centres. A flyer with further details is included with this newsletter.

### Dates for your diary

#### Spring Term 2026

Wednesday 11 <sup>th</sup> March	Year Five Residential to CHET
Friday 13 <sup>th</sup> March	Year Five return from CHET
Wednesday 18 <sup>th</sup> March	Free Legal drop-in session
	Book fair opens
Friday 20 <sup>th</sup> March	Comic Relief/ Red Nose Day
Wednesday 25 <sup>th</sup> March	Parents' Open Afternoon
Friday 27 <sup>th</sup> March	Term ends at 3.15 p.m.

#### Summer Term 2026

Monday 13 <sup>th</sup> April	Staff Training Day
Tuesday 14 <sup>th</sup> April	Summer Term Starts
Monday 4 <sup>th</sup> May	Bank Holiday
Monday 11 <sup>th</sup> May	Year Six SATs Week
Friday 22 <sup>nd</sup> May	Half term starts at 3.15 p.m.
Monday 1 <sup>st</sup> June	Staff Training Day
Tuesday 2 <sup>nd</sup> June	Term re-starts
Friday 17 <sup>th</sup> July	Term ends at 1.30 p.m.

**Wishing you all a pleasant weekend!**

**Gwyn Evans - Head of School**

# ONLINE SAFETY NEWSLETTER

## GROUP CHATS AND INAPPROPRIATE LANGUAGE ONLINE

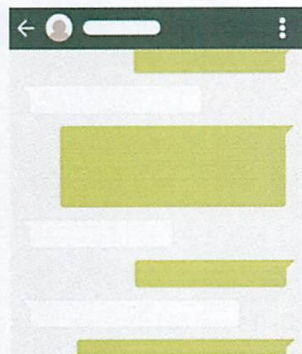
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### GROUP CHATS

Group chats are a great way for friends to stay connected, but they can sometimes be used for unkind or inappropriate messages and targeted bullying.

Most messaging apps have age limits, for example, WhatsApp and Snapchat are 13+. Children under 13 shouldn't be using them. If they are, it's important to help them use these apps safely.

Remind your child that messages sent online have the same impact as words said face-to-face. Group chats can also allow name changes, which can lead to impersonation or anonymous bullying. Keeping conversations open at home about online behaviour can make a big difference.



### SEEING AND USING INAPPROPRIATE LANGUAGE

One common risk online is the use of inappropriate language. On platforms aimed at older teenagers and adults, strong or offensive language can be very common. Children might start using words they hear without fully understanding what they mean.

It's important to remind children that just because language is used online doesn't make it acceptable. Some words are considered offensive because they can hurt people. Children who repeat words they've seen online may unintentionally cause harm.

To reduce exposure, make sure your child is using age-appropriate apps and websites, and turn on filters and parental controls where available. Clear expectations about respectful language help children understand that certain words are not okay to use.

### WHAT SHOULD I DO ABOUT GROUP CHATS?

- **Know the apps** – Make sure your child is using age-appropriate platforms.
- **Check privacy settings** – Encourage your child to keep their accounts private and review who can message or add them.
- **Stay involved** – Ask your child to show you the group chats they're in. This helps you spot any bullying or inappropriate behaviour early.
- **Model good behaviour** – Show them how to communicate respectfully online.
- **Leaving vs staying** – If the chat is unmoderated or risky, leaving is often the safest. Talk through this with your child so they understand the reasons.

**WHAT IS THE INCREDIBLE YEARS PROGRAMME?**

The Incredible Years® is an evidence-based parenting programme designed to help families build positive relationships and support children's behaviour, social skills, and emotional development.

It is widely used across the UK in Early Help Services, Schools, and Children's Centres.



**WHY CHOOSE THE INCREDIBLE YEARS?**

The programme is:

- Evidence-based with 40+ years of research
- Recommended by health, education, and early years services
- Warm, supportive, practical, and non-judgemental

**WHAT PARENTS SAY**

Parents often report:

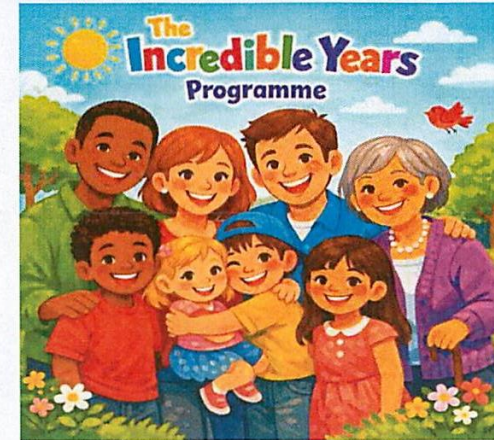
- Calmer routines at home
- Better understanding of their child
- Improved behaviour and cooperation
- More confidence and less stress
- Stronger parent-child relationships

**GET IN TOUCH:**

For more information or to book a place:

- Telephone:
- Website:

**INCREDIBLE YEARS PROGRAMME**



Supporting children's behaviour, confidence, and emotional wellbeing

For parents and carers of children aged 3 – 10 years.

### WHO IS IT FOR?

Parents and carers who want to:

- Build a stronger, calmer relationship with their child
- Support their child's emotions and wellbeing
- Learn new ideas for managing behaviour
- Meet other parents and share experiences
- Strengthen routines and overall family life



Play



Praise



Routines



Emotional Support

### WHAT WILL PARENTS LEARN?

You will explore simple, practical strategies including:

- Playing and connecting to build attachment
- Understanding children's needs and emotions
- Using praise effectively and spotting small successes
- Setting clear routines, rules, and limits
- Reducing conflict and creating calmer home life
- Encouraging cooperation and independence
- Supporting problem-solving and persistence
- Managing challenging behaviour in consistent, calm ways

### HOW DOES THE PROGRAMME WORK?

Delivered in small groups, usually weekly:

- Led by trained Incredible Years facilitators
- Includes video examples, group discussions, and demonstrations
- Home practice tasks to try each week
- Builds on what parents already do well

### SESSION THEMES

Content is drawn from your week-by-week programme such as:

- Child-led play
- Descriptive commenting
- Praise & encouragement
- Persistence & academic coaching
- Emotion coaching

