



Long Term Subject Map for Physical Education 2022-2023

	Autumn Term		Spring Term		Summer Term	
Year	A	B	A	B	A	B
Nursery and Reception	Introduction to PE Unit 1	Introduction to PE Unit 2	Ball Skills Unit 1	Ball Skills Unit 2	Dance Unit 1	Gymnastics Unit 1
One	Fundamentals	Dance	Sending and Receiving	Invasion	Athletics	Yoga
	Fitness	Ball Skills	Gymnastics	Target Games	Striking and Fielding	Team Building
Two	Fundamentals	Dance	Sending and Receiving	Invasion	Yoga	Net and Wall
	Fitness	Ball Skills	Gymnastics	Target Games	Team Building	Athletics
Three	Fundamentals	Gymnastics – Beth Tweddle	Swimming	Swimming	Dance	Athletics
	Gymnastics – Beth Tweddle	Netball	Handball	Fitness	Cricket	Yoga
Four	Fundamentals	Gymnastics – Beth Tweddle	Swimming	Swimming	Athletics	Football
	Gymnastics – Beth Tweddle	Basket ball	Dodgeball	Dance	Rounders	Fitness
Five	Fitness	Yoga	Gymnastics - Beth Tweddle	Gymnastics – Beth Tweddle	Handball	Athletics
	Swimming	Swimming	Netball	Hockey	Cricket	Dance
Six	Basket Ball	Yoga	Gymnastics - Beth Tweddle	Gymnastics - Beth Tweddle	Athletics	Rounders
	Swimming	Swimming	Tag Rugby	Dodgeball	Dance	Fitness

